



## Times of Services 2017

**Friday 3 February**  
Shabbat begins: 4.38 pm  
Mincha/  
Kabbalat Shabbat: 4.45 pm

**Shabbat 4 February**  
Mental Health Awareness  
Shabbat  
Shacharit: 9.30 am  
Mincha after Kiddush  
Shabbat ends: 5.44 pm

**Sunday 5 February**  
Shacharit: 8.40 am

**Friday 10 February**  
Shabbat begins: 4.51 pm  
Mincha/  
Kabbalat Shabbat: 5.00 pm

### Reading the Haftarah

If you would like to read Haftarah to mark a special event or just to make your personal contribution to the service, please contact Brian Robinson, who will be delighted to help with any preparation or revision.

### Sponsoring an Event



If you are celebrating a Simcha commemorating a family Yahrzeit, or just feeling generous, please consider sponsoring a Shabbat morning Kiddush, Seudah or Sunday morning breakfast. Contact Joan Michaels: 020 8579 4261.

**AJR**—Meets the 1st Tuesday in every month at 2.00 pm. Contact Leslie Sommer: 020 8993 7574.

### Israeli Dancing!



Tuesday evenings, 8.00 pm at Ealing United Synagogue, Grange Road. Sunday mornings, 10.30 am at Ealing Liberal Synagogue, Lynton Avenue. All welcome. Nominal charge of £1.00.

In the event of a bereavement, in the first instance please contact the Burial Office : 020 8950 7767. Rabbi Hershi Vogel: 07970 829758 Brian Robinson: 020 8567 6558

# Ealing Synagogue

שבת שלום

Friday 3 February 2017/Shabbat 8 Shevat 5777  
Sidra: Bo



## MAZAL TOV

To **Rabbi Hershi and Rebbetzen Zelda Vogel** on the forthcoming marriage of their daughter Chaya'le to Avromi Chayempour which will take place in New York on Tuesday 7 February. The Ealing community extends Mazal Tov to all parents, grandparents, siblings and the whole family. Wishing Chayale's and Avromi much nachat and beracha on this wonderful simcha.

## SHABBAT 3 FEBRUARY MENTAL HEALTH AWARENESS SHABBAT

This Shabbat has been designated as Mental Health Awareness Shabbat by JAMI, which provides mental health services for the Jewish community. The aim of the Shabbat is to raise awareness of mental health issues within the community enabling people to be more open in their discussions on mental health generally; to give them resources to manage their mental health better and to know where to seek help if they need to. It is hoped that the event will take place every year with more communities taking part and more activities offered each year. Isabel Kosky will be giving a brief talk about the subject.

## TUESDAY 7 FEBRUARY AJR MEETING

The next meeting of Ealing AJR will be on Tuesday 7 February at 2.00pm. This month's talk will be about "The History of Opera" by Frances Long. Everyone is welcome. £1.50 to cover refreshments.

Ealing Synagogue,

15 Grange Road, London W5 5QN

Reg. Charity No. 242552

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Administrator: Carole Lateman

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Ealing Synagogue Website: [www.ealingsynagogue.org.uk](http://www.ealingsynagogue.org.uk)

# Snapshot Torah



GUIDE TO THE WEEKLY PARSHA

FOURTH EDITION / ISSUE 15

4<sup>th</sup> February 2017

BO

8th Shevat 5777

Kohen - First Aliya:

Chapter 10, verses 1 - 11

- ✚ Moshe and Aron warns Pharaoh that a plague of locusts are on their way if Hashem's people are not set free.
- ✚ Pharaoh's advisers implores with Pharaoh to say yes. Pharaoh tells Moshe, that he will release all the men only so they can honour their God.
- ✚ Moshe disagrees with the terms and insists that everyone including all their cattle and sheep must be set free too. Pharaoh refuses and throws both Moshe and Aron out of his palace.

Levi - Second Aliya:

Chapter 10, verses 12 -23

- ✚ Moshe stretches out his staff and an east wind blows over the whole of the land of Mitzraim (Egypt); bringing with it swarms of locusts destroying everything in its path.
- ✚ Pharaoh admits that he has sinned against Hashem and begs Moshe and Aron to pray on his behalf to end the plague. Once Hashem sent down a west wind to remove the locusts, Pharaoh once more went back to his original stance and refused to let the people to go.
- ✚ Moshe stretched out his hands this time towards heaven and darkness enveloped the land for three days, however wherever the Jewish people lived or went they had plenty of light to see.

Sh'lishi - Third Aliya:

Chapter 10, verse 24 - Chapter 11, verse 4

- ✚ Pharaoh tells Moshe to take everyone and leave, Moshe demanded not without their cattle and sheep as they are needed for korbanos (sacrifices).
- ✚ Enraged Pharaoh refuses and decrees that the next time Moshe sees him, he will be killed.
- ✚ Moshe is informed by Hashem that one final plague is on its way but first Bnai Yisrael must go to their Egyptian neighbours demanding for all the gold and silver vessels in their possession, so they will depart as a wealthy nation.

R'Vi'i - Fourth Aliya:

Chapter 11, verse 5 - Chapter 12, verse 20

- ✚ Moshe warns Pharaoh that Hashem, at approximately midnight, will smite down every first born, man and beast leaving the whole of Mitzraim crying out in grief.
- ✚ Hashem informs Moshe that the month of Nissan will from this day forward be the first month of the Jewish calendar year.
- ✚ Hashem then commanded that Bnai Yisrael to each sacrifice a lamb on the fourteenth day and consume it along with matzah and bitter herbs that night. The blood from the lambs must then be painted on their doorposts so Hashem will pass over them at midnight sparing their firstborns from death.

Chamishi - Fifth Aliya:

Chapter 12, verses 21 - 28

- ✚ Moshe relayed Hashem's instructions to the elders of Israel, emphasizing that in the future when their children and descendants will ask what is the meaning of all this. You can answer This is the Pesach sacrifice when Hashem passed over your houses, saving them from having to mourn for their beloved firstborn

Shishi - Sixth Aliya:

Chapter 12, verses 29 - 51

- ✚ The death of the firstborn takes place. Pharaoh seeks out Moshe, ordering him that everyone must leave now, immediately
- ✚ The exodus begins with over 600,000 men and their families along with their livestock, departing Mitzraim for good.

Sh'vi'i - Seventh Aliya:

Chapter 13, verses 1 - 16

- ✚ Hashem tells Moshe that this festival of Pesach is to be commemorated every year in the spring time in honour of remembering this exodus; and issues the laws relating to the Korban Pesach. Furthermore upon arrival into the land of Israel, all firstborn males of all kinds of animal must be given to Hashem but any firstborn boy will be redeemed by giving money to the Kohen.
- ✚ Finally the words of the torah dealing with the exodus are to be enclosed into Tefillin (along with the first two chapters of the shema) and are to be worn to serve as a constant sign and reminder of what has taken place.

## Haftorah—YERMEYAH(JEREMIAH) Chapter 46 verses 13 to 28

### OVERVIEW:

- ✚ This week's Haftorah continues with the same subject of last week's relating to Yechezkel's (Ezekiel) prediction of Nebuchadnezzar defeating the might of the Egyptians.
- ✚ Hashem tells Yermeyah (Jeremiah) to convey the message to the king of Bavel, (Babylon) that the time has come to attack Mitzraim and that Hashem himself will see to it that the Egyptians will be defeated and be totally at their mercy.
- ✚ Yermeyah reassures the Jewish people that Hashem has once more secured their survival and will one day soon end their golus (exile) so they can reclaim the land of Israel for themselves.

### SNAPSHOT GUIDE THROUGH THE SIDDER: Pesukei D'Zimrah - Ashrei (part 2)

- ✚ The first line of Tehilim 145, 'I will exalt you, my god my king....) is the main focal point of what the Ashrei Prayer is about. Recognising and acknowledging that Hashem is the one supreme source above the laws of nature and is running the world and that we have faith that everything he does is for our spiritual benefit and development.
- ✚ The Second line praising Hashem's name forever and ever delineates that we appreciate all the new blessings both in physical capacities as well as spiritual, Hashem has bestowed upon us every single day.

### WEEKLY DISCUSSION:

In order to commemorate Hashem's commandment to remember when He passed over our ancestor's houses, saving them from the wrath of the final plague to strike Mitzraim 'The killing of the firstborn', we have the mitzvah of the Korban Pesach (The Paschal Sacrifice). This would be offered up in the Beis Hamikdash on the afternoon of 14th of Nissan and consumed after nightfall on the first night of Pesach. Today, we honour the korban Pesach by eating the Afikomen after our meal on Seder night.

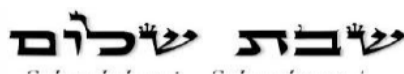
The Korban Pesach itself marks the transformation from Golus, "exile" to Geulah, "redemption". But what does it actually symbolise at that precise junction in our Jewish history?

Golus is where the Jewish people are physically dispersed in all four directions around the world outside our true homeland (The Land of Israel) and spiritually being reflectively distant from our one and true master, Hashem. Redemption on the other hand is the physical ingathering of the dispersed from all the four" corners of the globe, unifying us as one unit to return back and serve Hashem. Literally, coming home and becoming one with Hashem.

The first ever korban Pesach revolved around the Jewish home. The blood was placed on the doorpost, the meat was eaten inside the house, and nobody could leave the house till morning. During temple times, the offering of the korban Pesach was consumed by family units and neighbours. Even now the preparation for Pesach focuses on removing chametz from one's home.

The significance of our Jewish home connects the beginning and the end of the book of Shemot. The Jewish People are described as the "Beis Yaakov - the house of Yaakov" in the opening pasuk and concludes with "Beis Yisrael - the house of Israel" at the end of the book, seeing Hashem's Glory resting on the Mishkan. The goal of the book of Shemot is to transform our Jewish homes into places worthy of the Divine Presence to dwell. Hashem's presence was not relegated just to the Mishkan, rather the Mishkan served as a model for sanctity within all our homes. The celebration of Pesach involves not only visiting the Beis Hamikdash but also the preparation of our homes as smaller Mishkan's. During the week of Pesach our homes are elevated to the status of a Mikdash which is why all chametz must be removed. Similarly, the first korban Pesach didn't require an actual Mizbayah (altar) either since the doorpost to every home served that purpose.

The objective of the korban pesach is to ensure our spirituality is the driving force behind our physical actions. Last week we memorialised all the precious Jewish blood that was spilt during the terrible atrocities of the Holocaust. Just as the redemption in the aftermath of the original Korban Pesach, where the Jewish people left Mitzraim as one unified nation, so too the future and final redemption from the "four Goluses" (Babylon, Persia & Media, Greece and Rome), will unanimously proclaim and accept Hashem's Oneness and all those who perished in the holocaust would not have died in vain. As a reminder to us all, the message of the korban Pesach is that we must try and find Hashem everywhere and at all times in our lives. If we can achieve this then we too will be able to transform the "Beis Yaakov" into "Beis Yisrael" in which we can and always see the Divine Presence resting and residing amongst us.



Compiled, Designed & Written by Jeremy Symons

# DIALOGUE NOT BOYCOTTS: BASSEM EID ON THE PATH TO PEACE

**Don't miss this opportunity to hear  
from a unique Palestinian voice!**



**Bassem Eid** is a world-renowned Palestinian journalist and human rights activist. Over many years he has built a reputation for fearlessly highlighting and challenging the obstacles to peace in the Israeli-Palestinian conflict. One of the leading voices for holding Palestinian bodies to account for human rights violations against their own people, Eid is also well known for speaking out against campaigns that seek to boycott and isolate Israel.

**Date** Wednesday 8th February 2017

**Time** 7.30pm **Venue** North London

**Price** £10/£8 concessions/£5 members

**For more information or to reserve a place,**  
please email [Events@zfuk.org](mailto:Events@zfuk.org) or call 0208 202 0202



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# *emunah* **RETAIL THERAPY WALK**

**Sponsored 5 or 10k walk and quiz around  
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**Wednesday 22 February 2017**

**For full details please call 020 8203 6066  
or email [alison@emunah.org.uk](mailto:alison@emunah.org.uk)**

**FREE REGISTRATION, MINIMUM SPONSORSHIP £60**

**Optional coach pick up from various locations.**

**British Emunah Fund Reg. Charity No. 215398**



**Join us for an exclusive screening of the award winning film, Anita.**

**Monday 6<sup>th</sup> March 2017, 7.45pm**  
**Vue Cinema, O2 Centre, Finchley Road, NW3**  
**Tickets: £20 each**

Anita is the story of a young girl with Down's Syndrome who lives a happy, routine life in Buenos Aires, being meticulously cared for by her mother.

One tragic morning in 1994, everything changes when Anita is left alone, confused and helpless after the nearby Argentine Israelite Mutual Association is bombed (the deadliest bombing in Argentina's history).

This winner of 10 awards from major US Film Festivals has only ever been screened once in the UK at the 2010 UK Jewish Film Festival.

For more information contact:  
Shelley 07973 397604 | [shelleyshieff@btinternet.com](mailto:shelleyshieff@btinternet.com)  
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Karen 07507 793573 | [karenweiner1964@gmail.com](mailto:karenweiner1964@gmail.com)

Click the button below to book your tickets today.





**EALING SYNAGOGUE  
IN PARTNERSHIP WITH THE  
LONDON SCHOOL OF JEWISH STUDIES**

## **JUDAISM IN THE 21ST CENTURY: CONTEMPORARY CHALLENGES**

**WITH**  
**Rabbi Dr Raphael Zarum  
and Maureen Kendler**

**8.40AM: SHACHARIT FOLLOWED BY BREAKFAST**

**9.20AM – 10.00AM REGISTRATION**

### **TRACK 1**

**10.00AM-10.50AM: "THE WOMEN  
OF THE HAGADDAH—LESSONS FOR US"  
- RABBI DR RAPHAEL ZARUM**

**10.50 AM-11.45AM: "THE FOUR  
SONS - WHAT CAN THEY TEACH US  
ABOUT RAISING CHILDREN AND  
GRANDCHILDREN?" - MAUREEN  
KENDLER**

### **TRACK 2**

**10.00AM—11.45AM:  
COOKERY DEMONSTRATION  
FOOD FOR PESACH  
WITH REBBETZEN ZELDA VOGEL**

**11.45AM : COFFEE BREAK**

**12.00PM : FOR ALL PARTICIPANTS OF TRACKS 1 AND 2  
CHALLENGING ISSUES:  
PANEL DISCUSSION TO INCLUDE TOPICS SUCH AS:  
Female leadership, Conversion,  
Same-sex marriage, Agunot, Faith schools, etc.**

**1.00PM : CLOSE**

## **WHEN**

**SUNDAY 26 MARCH**

## **WHERE**

**Ealing Synagogue  
15 Grange Road,  
London W5 5QN**

## **TICKETS**

**£15.00 PER PERSON**

### **Book Online at:**

[https://myus.theus.org.uk/  
events/32693/judaism-in-the-  
21st-century-contemporary-  
challenges/](https://myus.theus.org.uk/events/32693/judaism-in-the-21st-century-contemporary-challenges/)

**Please specify which sessions  
you would like to attend**

## **CONTACT**

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