



Times of Services 2015

Friday 11 September
Shabbat begins: 7.10 pm
Mincha/
Kabbalat Shabbat: 7.15 pm

Shabbat 12 September
Shacharit: 9.15 am
Haftarah: Neil Shestopal
Kiddush
Shabbat ends: 8.10 pm

Sunday 13 September
Shacharit: 8.00 am

Friday 18 September
Shabbat begins: 6.54 pm
Mincha/
Kabbalat Shabbat: 7.00 pm

Reading the Haftarah

If you would like to read Haftarah to mark a special event or just to make your personal contribution to the service, please contact Brian Robinson, who will be delighted to help with any preparation or revision.



Sponsoring an Event

If you are celebrating a Simcha or commemorating a family Yahrzeit, or if you are just feeling generous, please consider sponsoring a Shabbat morning Kiddush, Seudah or Sunday morning breakfast. Contact Joan Michaels: 020 8579 4261.



AJR—Meets the 1st Tuesday in every month at 2.00 pm. Contact Leslie Sommer: 020 8993 7574.

Israeli Dancing!



Every Tuesday evening at 8.00 pm at Ealing Synagogue. All welcome. No charge.

In the event of a bereavement, in the first instance please contact the Burial Office : 020 8950 7767.

Rabbi Hershi Vogel: 07970 829758
Brian Robinson: 020 8567 6558
Neil Shestopal: 020 8579 5099

Ealing Synagogue Newsletter



שבת שלום

Friday 11 September 2015/Shabbat 28 Elul 5775

Sidra: Nitzavim

STONE SETTING SUNDAY 20 SEPTEMBER

The stone setting for Cynthia Lask z"l, mother of Marian Cohen, will take place at Bushey Cemetery on Sunday 20th September 2015 at 11.30am.

SHABBATUK SHABBAT 24 OCTOBER 2015

Ealing Synagogue will be participating in the Chief Rabbi's ShabbatUK. We are delighted to welcome back Aron Lovatt and his wife Rochel-Leah who will be participating in the service and activities during the day.

ShabbatUK starts with the Great Challah Make on **Thursday 22 October near Brent Cross**. Please advise Marianne Temple if you would like to join the Ealing Table. Tickets are £10.00 and need to be booked online: <http://www.shabbatuk.org/challah-make/>.

SUNDAY 15 NOVEMBER "LEGENDS OF SWING"

If swing is your thing, come along for supper and song with entertainment from Ray Lowe singing Frank Sinatra, Dean Martin and many others. Supper will be hot dogs and salt beef with a vegetarian option. Details on the attached flyer. You can also book online at: <https://myus.theus.org.uk/events/19854/legends-of-swing/>.

שנה טובה ומתוקה

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Administrator: Sandra Moses

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Snapshot Torah



GUIDE TO THE WEEKLY PARSHA

ISSUE 47

12th September 2015

NITZAVIM

28th Elul 5775

Kohen - First Aliya: Chapter 29, verses 9 – 11

- ✦ Moshe gathers Bnai Yisrael together and proclaims that they are all going to be part of a new Covenant with Hashem establishing them as 'Hashem's chosen nation.

Levi - Second Aliya: Chapter 29 verses 12 - 14

- ✦ This Covenant not only binds those who were physically present on that day, but also with all of their future generations too.

Sh'lishi - Third Aliya: Chapter 29, verses 15 - 28

- ✦ Hashem warns his people, not to go against Him by being tempted to live in the other nation's idolatrous way of life as it would result with their land being cursed with everything that had been described in last week's sedra; forcing the Jewish people to flee into Golus (Exile).
- ✦ Moshe explains to Bnai Yisrael. There are some things that only Hashem knows and must remain hidden from us for all time and must not be pursued. However there is a lot that Hashem is happy to reveal for us and our future generations and the only way to find them is to keep all the mitzvors and delve deeply into your Torah Studies.

R'Vi' - Fourth Aliya: Chapter 30, verses 1 - 6 and

Chamishi - Fifth Aliya: Chapter 30, verses 7 - 10

- ✦ Moshe Assures B'nai Yisrael that when they realise why they have been placed in Golus (exile). And have started doing Teshuva and fulfilling all the 613 mitzvot once more; Hashem will show compassion and return them back to the Land of Israel.
- ✦ When Hashem reunites His people's from Golus, Bnai Yisrael will once again serve him, and be blessed with an abundance of crops in the field, livestock and children.

Shishi - Sixth Aliya: Chapter 30, verses 11 - 14

- ✦ Moshe expresses that all the Mitzvot are in your grasp. "You don't need to look in the Heavens, or travel across the sea to find and perform them.
- ✦ Moshe tells the people that the choice of life and death is in their hands. If they decide to walk in Hashem's ways then you will live and multiply. However if you prefer not to listen and go the other way, then you will be left with nothing and cease to exist.

Sh'vi'i - Seventh Aliya: Chapter 30, verses 15 - 20

- ✦ Moshe calls upon the Heaven and the earth to serve as eternal witnesses to uphold whichever choice was made. Moshe implores them to realise Hashem is your life and that they should choose life.
- ✦ Moshe's emphasises to the people, the key to making the right choice is loving Hashem and realising that He is your life.

Haftorah –YISHAYAH (ISAIAH) Chapter 61 verse 10 to Chapter 63 verse 9

OVERVIEW:

- ✿ The Haftorah begins very positively as Yishayah continues to comfort the people. He describes the great elation that everyone will experience at the time of the Final Redemption, comparing it to the joy a newly married couple brings.
- ✿ The Haftorah continues with a description of the punishment Hashem will mete out to Edom and anyone else who has been an enemy towards Israel.
- ✿ Yishayah concludes with one of his most famous quotes "In all Israel's afflictions, He, too, is afflicted, and the angel of His presence redeemed them...". Hashem feels the pain of His people; just like a loving father who is sharing the pain his child is going through, and awaits the moment when redemption arrives and everyone will be able to live in peace.

LINK TO SEDRA READING:

- ✿ This week's Haftorah is the seventh and final instalment of the seven Haphtarah's of Consolation.
- ✿ In the Parsha Moshe comforts Bnai Israel by telling them Hashem will never forsake them even during their times of golus (exile). Yishayah is relaying the same message here by reiterating the fact by saying that one day soon, Moshiach will arrive and the walls of Jerusalem will be rebuilt back to its former glory.

WEEKLY DISCUSSION:

How many times have you read an article written by an expert in their particular field or listened to them on the radio and ended up being more confused about their subject matter before you started? All because the expert did not articulate themselves simply enough, bamboozling us with jargon or complex sentences which to any lay-person like myself would find difficult to access and understand.

Sometimes it seems as if the Torah is very hard to comprehend and adhere to, with so many things we must do, and so many that we must refrain from. To some people, keeping the Torah would be like crossing the Atlantic Ocean in a rowing boat – almost too hard even to attempt but not impossible to try.

Since starting writing my 'Snapshot Torah' sheets, I have been overwhelmed with the number of people who have approached me, not only to express their gratitude for simplifying the torah text, enabling them to understand and appreciate what the sedra is about each week; but refreshingly not making it too simplistic as if I was mocking them.

In essence this is the message Moshe was conveying to Bnai Yisrael in this week's Parsha. Chapter 30, verse 11 "For this Mitzvah in which I have instructed you today, is not mysteriously hidden from you, nor is it distant....." loosely translated, Hashem is asking us to keep the Torah because we really can. The Torah is not across the ocean, rather it is very close to you" Moshe is basically saying 'Keeping the Torah is not just possible but may even be easier than you think. All you need is some encouragement.'

Why? Because the wisdom of the Torah already exists inside each and every one of us. All we need is our minds' and hearts' to access it. For example I don't know how it truly works but each week, during the transition from being in the 'weekday' environment one second and the commencement of 'Shabbat' the next; although I'm still standing in the same physical, geographical space. I feel the spiritual energies and vibe around me suddenly change as if I was transported to another world and later returned back as the 'weekday' returns once more replacing the harmony and serenity of what the Shabbat had brought.

The Torah recognizes many different forms of energy around us, some which are unique and beneficial only to us now in its present form and not later in order to generate and stir up our passions of what Hashem has and expects us all to achieve. At the end of up of both good and bad forces, and although Moshe is teaching us what the good path is to follow. Our world is made up of the day, ultimately it's our choice what we want to do with our lives and how we act every moment of our day will determine our destiny. When we think about it, of course we will all want to do only the best. So make the right choice and choose the good path.



Compiled, Designed & Written by Jeremy Symons

TIMES OF SERVICES 2015/5776

EREV ROSH HASHANAH Sunday 13 September

Shacharit: Selichot	8.00 am
Yom Tov begins	7.05 pm
Mincha/Maariv	7.05 pm

ROSH HASHANAH—1ST DAY Monday 14 September

Shacharit	8.30 am
Reading of the Torah	10.10 am
Rabbi's Sermon	11.00 am
Shofar	11.15 am
Children's Service	11.30 am
Musaf	11.30 am
Tashlich at	
Walpole Park	6.30 pm
Mincha/Maariv	7.15 pm

ROSH HASHANAH—2ND DAY Tuesday 15 September

Shacharit	8.30 am
Reading of the Torah	10.10 am
Rabbi's Sermon	11.00 am
Shofar	11.15 am
Children's Service	11.30 am
Musaf	11.30 am
Mincha	7.15 pm
Yom Tov ends	8.03 pm

FAST OF GEDALIAH Wednesday 16 September

Fast begins	4.55 am
Fast ends	7.54 pm

Friday 18 September

Shabbat begins	6.54 pm
Mincha/ Kabbalat Shabbat	7.00 pm

SHABBAT SHUVA Shabbat 19 September

Shacharit	9.30 am
Shabbat ends	7.53 pm

EREV YOM KIPPUR Tuesday 22 September

Mincha	2.00 pm
Fast begins	6.45 pm
Kol Nidre	6.55 pm

YOM KIPPUR Wednesday 23 September

Shacharit	9.45 am
Reading of the Torah	12.15 pm
Children's Service	12.30 pm
Rabbi's Sermon	1.00 pm
Yizkor	1.15 pm
Musaf	2.00 pm
Mincha	4.45 pm
Neilah	6.25 pm
Fast ends	7.44 pm



EREV SUCCOT Sunday 27 September

Yom Tov begins	6.35 pm
Mincha/Maariv	6.35 pm

1ST DAY SUCCOT Monday 28 September

Shacharit	9.30 am
Mincha/Maariv	6.30 pm

2ND DAY SUCCOT Tuesday 29 September

Shacharit	9.30 am
Mincha	6.40 pm
Maariv/Yom Tov ends	7.30 pm

Friday 2 October

Shabbat begins	6.22 pm
Mincha/ Kabbalat Shabbat	6.30 pm

SHABBAT CHOL HAMOED SUCCOT 3 October

Shacharit	9.30 am
Shabbat ends	7.21 pm

HOSHANAH RABBA Sunday 4 October

Shacharit	8.00 am
Yom Tov begins	6.19 pm
Mincha/Maariv	6.30 pm

SHEMINI ATZERET Monday 5 October

Shacharit	9.30 am
Yizkor	11.00 am
Mincha/Maariv	7.00 pm
Hakofot	7.30 pm

RECEPTION

SIMCHAT TORAH Tuesday 6 October

Shacharit	9.15 am
Hakofot	
Mincha	6.30 pm
Maariv/Yom Tov ends	7.14 pm

Community Lunch :Thursday 3 September 2015
Guest : Dr Rupa Huq, MP for Central Ealing and Acton





When it was suggested by the Chief Rabbi that British Jewry should take part in Shabbat UK 2014 I was sceptical. Inspired by the international Shabbos project, Shabbat UK sounded fantastic but I could not imagine it taking off in the traditionally reserved communities in the UK.

I could not have been more wrong. During Shabbat UK last year you might have had the opportunity to take part some of the hundreds of events up and down the country and after reading and hearing the staggering number of personal accounts I couldn't believe what I was hearing. It wasn't just the staggering number of people who took part in Shabbat UK, with over 100,000 Jews engaging with Shabbat, but there was an energy and enthusiasm across the board in a way that I believe has never really been experienced before. The boundaries that are often present within our society had been knocked down and we came together in way that had not previously been witnessed.

From the south coast to Scotland the excitement was catching and the challah bakes, Shabbat meals, Havdalah concerts and fireworks brought our communities together. To see 4,000 people make challah together at Allianz Park was astonishing and, from the reports on social media, they were also delicious.

The way our communities bought into the whole concept has changed my perception of British Jewry. We were all able to relate to Shabbat in a way that many of us hadn't previously been able to. A generation brought up on mobile phones with constant access to information, saw the beauty of stepping back and enjoying an experience of Shabbat with family, friends and community.

Over the last year, we have all seen how so many individuals in our communities have taken the Shabbat UK spirit forward. Whether it was developing an extra connection to Shabbat through food, blessings or synagogues, spending a Friday night with our families or taking part in a community event we have kept that momentum going.

As we approach the second Shabbat UK, and begin planning all the community events to celebrate a united Shabbat with our fellow Jews, I truly think we can top the experience we had last year. The Chief Rabbi has thrown down the gauntlet to all of us, what can we do to make this Shabbat UK even more incredible than last year? It is up to each and every one of us to take up the challenge and prove that this wasn't just a flicker of inspiration but a commitment to the values of Shabbat.

Shabbat UK's legacy wasn't just about engaging with Shabbat for one year as a once off, but about us knocking down more boundaries and pushing the limits of what we as British Jewry can achieve. This year we need to think bigger and better.

On the 23rd and 24th this year, we hope that we will all be able to come together to celebrate and inspiring Shabbat UK and we look forward to doing it together with you.

Mark Curtis
Project Manager of Shabbat UK



**EALING SYNAGOGUE WILL BE PUTTING ON
A VERY SPECIAL SHABBAT INCLUDING
LUNCH, AFTERNOON ACTIVITIES AND SEUDAH SHLISHIT.**

**WE ARE DELIGHTED THAT
ARON AND ROCHEL-LEAH LOVATT
WILL BE OUR GUESTS**

EVERYONE IS WELCOME.

DETAILS TO FOLLOW.





Ealing
Synagogue

PRESENTS

THE LEGENDS OF SWING



RAY LOWE'S TRIBUTE TO THE MUSIC OF

**FRANK
SINATRA**

**DEAN
MARTIN**

**BOBBY
DARIN**

**SAMMY
DAVIS JR**



SUNDAY 15th NOVEMBER

**Tickets £25.00pp • 6.30pm – Doors open
7.00pm – Supper • 10.30pm – Carriages**

For tickets & information please contact:

020 8933 5645 esevents@btinternet.com

15 Grange Road, London, W5 5QN

OR BOOK ONLINE: <https://myus.theus.org.uk/events/19854/legends-of-swing/>



SYNAGOGUE SECURITY & SAFETY

A Cut-Down Guide

General

Security rota

We are very grateful to those members who take part in the High Holidays security rota. Although their duties are simple we ask this year they be especially vigilant. Please do not engage them in conversation.

Anything suspicious or just odd, please report it.

Tailgating avoidance:

Whenever possible use the pedestrian gate, otherwise wait for the main gates to close

Outer fire doors are not to be left open even in hot weather.

If necessary it is considered safer to open all windows, including the large ones.

Security Emergency

A klaxon will be sounded and a "Security Emergency" announced.

The front doors will be locked even having regard to those remaining outside.

The nearest white security alarm should be activated by pressing both buttons. So as not to warn an intruder, it is inaudible in the synagogue. The police response target time is four minutes.

Retreat to the designated place of refuge i.e. the synagogue (unless obvious otherwise). The partition will be closed and both doors locked. "Brick good, glass bad" - crouch down if possible away from windows.

Fire or other evacuation

The fire service will be called automatically.

Leave immediately on the alarm sounding via the nearest exit away from the fire source. Avoid "follow-my leader". The mechitzah left hand corner is easily moved to allow passage through if required.

Go without loitering to the assembly point. Unless obvious otherwise this is in the car park, away from the endangered building. Once a head count is done follow a designated fire marshal to an assembly point off the premises. Although the gas is cut off automatically, it is particularly dangerous to gather near the boiler room.

Please could disabled members avoid occupying both ends of a seat row.
Fire Marshalls will assist them in an evacuation or 'invacuation'.



Fire Marshalls:

Mike Gettleson
Stephen Hirst
Isabel Kosky
Basil Mann
Mike Mars
Dawn Shestopal

