



Times of Services

Friday 4 July 2014
Shabbat begins: 9.06 pm
Mincha/
Kabbalat Shabbat: 7.15 pm

Shabbat 5 July 2014
Shacharit: 9.30 am
Haftarah: Jo Glass
Mincha: 8.50 pm
Seudah Shlishit
Shabbat ends: 10.24 pm

Sunday 6 July 2014
Shacharit: 8.40 am

Friday 11 July 2014
Shabbat begins: 9.01 pm
Mincha/
Kabbalat Shabbat: 7.15 pm



Reading the Haftarah

If you would like to read Haftarah to mark a special event or just to make your personal contribution to the service, please let us know. Brian Robinson and Neil Shestopal would be delighted to help with any preparation or revision that would be needed. Please contact them directly—Brian: 020 8567 6558; Neil: 020 8579 5099.



Sponsoring an Event

If you are celebrating a Simcha or commemorating a family Yahrzeit, or if you are just feeling generous, please consider sponsoring a Shabbat morning Kiddush, Seudah or Sunday morning breakfast. Contact Joan Michaels: 020 8579 4261.



Israeli Dancing!

Every Tuesday evening at 8.00 pm at Ealing Synagogue. All welcome. No charge.

In the event of a bereavement, in the first instance please contact the Burial Office : 020 8950 7767.

Rabbi Hershi Vogel: 07970 829758
Brian Robinson: 020 8567 6558
Neil Shestopal: 020 8579 5099

Ealing Synagogue Newsletter



שבת שלום

Friday 4 July 2014/Shabbat 7 Tammuz 5774

Sidra: **Balak**

SHABBAT 5 JULY 2014
MINCHA : 8.50 PM

Following Mincha, there will be a Seudah Shlishit kindly sponsored by Rodney Coleman. Everyone is welcome.

SUNDAY 6—TUESDAY 8 JULY 2014
JEWISH MUSIC INSTITUTE : MUSICIANS OF TOMORROW

This summer, Myisrael will be bringing the Musicians of Tomorrow over from Israel for a UK tour that will include performances in Leeds, Manchester and London. The Musicians of Tomorrow are a group of child musicians who were each discovered and are trained by Anna Rosnovsky, a retired first violinist of the Israeli Philharmonic Orchestra. These musically gifted children, mostly from tough socio-economic backgrounds, are aged from seven upwards and travel from all over the North of Israel to attend daily music lessons. Click on the following link for more details:

<http://www.jmi.org.uk/event/sponsored-event-musicians-of-tomorrow/>

MEDICAL ART SOCIETY ANNUAL EXHIBITION 2014
FROM MONDAY 14 JULY 2014

Our resident sculptor, Michael Mars, will be exhibiting his sculpted heads of Leon Gerlis z"l at this exhibition. Details attached.

SHIVA BOOKS

Thank you to everyone who has very kindly donated a Shiva book in memory of a family member and/or community leader. The books are now available for inspection in the Library. There are some spare books available if anyone would like to commemorate one in memory of a loved one. Please contact Brian Robinson.

Ealing Synagogue Library

All the books in the Library are available to borrow. Please sign your name and book details in the Register. If you have any books that you would like to donate to the Library, please call Michael Jacobs—020 8998 7932. Please do not leave them at the shul.

Ealing Synagogue,

15 Grange Road, London W5 5QN

Reg. Charity No. 242552

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Ealing Synagogue Newsletter: esnewsletter@btinternet.com

Ealing Synagogue Website: www.ealingsynagogue.org.uk



It is with deep sadness and profound outrage that we learned of the murders of Gilad Shaar, Naftali Frenkel and Eyal Yifrach. For the past few weeks, the lives of these boys, and the incredible faith of their families, have made an enduring impact upon each and every one of us, and upon the entire Jewish people. Our devotion to Tefillah, and unified sense of “Am Yisrael”, was palpable throughout our community. Families joined together in prayer, lighting additional candles for Shabbat, posting signs on our lawns, and flooding social media with a movement to raise global awareness of their plight. We embraced the families of the boys as heroes of our faith, and marvelled at the remarkable strength they maintained and provided to the entire Jewish people. They spoke to the heart, and transcended all divisions within our people, that only weeks ago seemed entrenched as part of Jewish life.

There are no words to truly capture the pain of our loss.

May the Jewish people continue to live the ideals of unity that were inspired by the lives of Gilad, Naftali, and Eyal, and may their memory forever inspire us to grow in our commitment to Torah, Israel, and the Jewish people.

Snapshot Torah



GUIDE TO THE WEEKLY PARSHAH

ISSUE 41

5th July 2014

BALAK

7th Tammuz 5774

Kohen - First Aliya: Chapter 22, verses 2 - 12

- ✦ Balak, king of Moab, heard what Bnai Yisrael did to the Amorites and fears that Moab will be their next target. He assembles the elders from neighbouring Midian, who all agree to ask Balaam (Bilam) the sorcerer / Prophet to go and curse the Israelites so they can be defeated in battle.
- ✦ When a delegation of elders makes their proposition to Balaam, he tells them they must wait until he had spoken to Hashem, before he agrees or not.
- ✦ Hashem speaks to Balaam, ordering him not to curse his people because they are blessed.

Levi - Second Aliya: Chapter 22, verses 13 - 20

- ✦ Balaam sends the messengers back to Balak, with his decision of no. However Balak is persistent and sends delegation after delegation until Hashem finally consents but warns Balaam to only say what Hashem tells him.

Sh'lishi - Third Aliya: Chapter 22, verses 21 - 35

- ✦ On the way back to Balak, an angel tries to stop Balaam, Balaam's donkey sees the angel and veers off the path out of its way. Balaam hits the donkey, forcing him to return back to the path but the angel is still standing there so veers off the path once more, this time squashing Balaam's leg against a wall.
- ✦ Balaam strikes the donkey again and continues down the path. This time the angel has blocked the path completely, so the Donkey halts all together and refuses to move.
- ✦ Balaam beats the donkey again, so the donkey starts talking, asking him why Balaam had hit him three times, when all he was doing was protecting him from the angel.
- ✦ Hashem reveals the angel to Balaam, who praises the donkey for saving Balaam's life. Balaam admits his guilt and offers to turn back. The Angel allows Balaam to continue, but reminds him to only recite the words Hashem will ask him to say.

R'Vi - Fourth Aliya: Chapter 22, verse 36 - Chapter 23, verse 12

- ✦ Balaam explains this to Balak but he refuses to listen. Together they set up seven altars, looking over the Bnai Yisrael's camp. Instead of curses Balaam blesses them by saying "How good are your tents, Yaacov, your dwelling places, Israel."

Chamishi - Fifth Aliya: Chapter 23, verses 13 - 26 and

Shishi - Sixth Aliya: Chapter 23, verse 27 - Chapter 24, verse 13

- ✦ Balak and Balaam sets up seven altars in two other places, but each time Balaam tried to curse Bnai Yisrael, he showered them with more blessings.
- ✦ Balak is now frustrated, especially when Balaam admits he can only say the words, Hashem puts in his mouth. So Balak sends him back home.

Sh'vi'i - Seventh Aliya: Chapter 24, verse 14 - Chapter 25, verse 9

- ✦ Bnai Yisrael are dwelling in Shittim. The daughters of Moab and Midyan begin to entice the Jewish men, convincing them to bow down and worship their idol Baal-Peor.
- ✦ A severe plague suddenly ravished the camp, so Moshe orders his judges to kill anyone who practices idolatry.
- ✦ One man brazenly brings a Midianite woman into the presence of Moshe. Pinchas, (Aaron's grandson) takes a spear and stabs them both through the heart simultaneously. Stopping the plague.
- ✦ All told twenty four thousand people had died because of it.

Haftorah – MICAH, Chapter 5 verse 6 to Chapter 6 verse 8

OVERVIEW:

- ✦ The Navi (prophet) Micah prophesies about what will occur after the war of Gog and Magog, the war which precedes the coming of the Moshiach and the Final Redemption.
- ✦ Micah then goes on to rebuke the Jewish people for not observing Hashem's commandments, calling upon witness the "mountains and hills" (a reference to our Patriarchs and Matriarchs) to testify about all the great things Hashem had done for them. For example, taking them out of Egypt etc.
- ✦ In response, the Jewish people claim that they do not know how to serve Hashem properly and ask Micah for guidance. Micah answers them by saying that everything they need is contained in the Torah, but basically they must obey Hashem's demands by performing Mitzvahs and to love your fellow man.

LINK TO SEDRA READING:

- ✦ This week's Haftorah makes mention of the incident of Balak the king of Moab hiring the sorcerer Balaam to curse the Jewish people which is the main focus of this week's Torah reading.

WEEKLY DISCUSSION:

I think it's remarkable to find that one of the most traditional morning blessing recited at synagogues around the world begins with words attributed to Balaam, the enigmatic and self-styled prophet:- Mah Tov: "How lovely are your tents, O Jacob; your dwelling places, O Israel!"

The Mah Tov prayer itself is a mixture of verses from different places in the Tanach, mainly from this week's sedra and Tehilim. The main theme of Mah Tov is to express our appreciation for being able to come together as a Minyan and worship in a Makom Kodesh (holy place). Mah Tov helps us to focus our attitude, readying ourselves before we enter the synagogue to pray before Hashem. This is why we have the custom is to recite Mah Tov as soon as we enter a synagogue or shortly thereafter because it sets you up with the right kind of mind-set on why you are there and to focus on your Davening (praying to Hashem.)

Mah Tov was first uttered by Balaam, who was an outsider of Israel, who nevertheless was awestruck with the glory of the "God of Israel". In the same way, we should seek to apprehend and behold the glory of Hashem and incorporate him in our lives.

Our sage's say that the word "tent" recited by Balaam refers to the inner life of a person, our spiritual Neshama (Soul); expressing how we really feel inside. Whereas the word "dwelling" relates to our outer, physical life which conveys our place or circumstance, which we happen to be facing at any particular time. Together, these inner and the outer assets, mark the quality of our lives. The inner life "tent" is the starting point, since we must first learn to live in peace with ourselves; for which I strongly believe is vital in developing our good Middos (Character traits).

To enable to do this properly, we first have to come to terms and tolerate our own and other peoples shortcomings and show compassion towards their frailties in order to make them strong. This is sometimes referred to as shalom ba'bayis, (peace in the home or of the self). Such inner peace is the greatest of blessings, anyone could wish us with since without it we will cling to pain, fear, and anger, and suffering.

May Hashem grant Balaam's blessing he gave to us, so we can all live together in harmony and peace. Amen.

שבת שלום
S h a b b a t S h a l o m !

Compiled, Designed & Written by Jeremy Symons

MEDICAL ART SOCIETY ANNUAL EXHIBITION 2014



Winner of the Baron's Prize for Sculpture 2013
Faces by Sally Joyston-Bechal

Mon July 14 to Sat July 19
The Atrium
Royal Society of Medicine
1 Wimpole Street
London W1G 0AE

Mon-Fri : 10am to 5 30pm

Sat: 10 30am to 3pm

Private View: 6pm to 7pm July 14

Open to the public
Work for sale



In the RSM Atrium



An art society for medical professionals



Ken Howard RA looking at some pictures



Winner of the Baron's Prize for Pictures 2013
Blue Door by Peter Clarkson



Rosh Hashannah 2014/5775
"The New Ealing Review"

This year is Ealing Synagogue's 95th birthday and we are hoping to produce a bumper edition of the magazine to mark this occasion. If you would like to donate a page in the magazine, advertise an event or business, or simply insert New Year greetings and/or any other message, please complete the form below and return it to Marianne Temple. Thank you for your support.

Full Page	☐	£200.00	Half Page	☐	£100.00
Quarter Page	☐	£50.00	Box	☐	£25.00

Please tick the box of your choice

Text of Advert

To be returned by 22 August 2014

Please return to Marianne Temple, C/O Ealing Synagogue, 15 Grange Road, London W5 5QN.

I wish to advertise in the Rosh Hashannah 2014/5775 magazine and enclose my payment of
£_____ (cheques to be made payable to "UNITED SYNAGOGUE").

Date: _____

Signed: _____ Print Name: _____

EALING SYNAGOGUE
FASHION SHOW AND HIGH TEA
SUNDAY 14 SEPTEMBER 2014

SUZANNE § BETTLEY james lakeland



Doors open at 3.30 pm Tea served at 4.00 pm

Fashion Show at 5.00 pm

Raffle

Opportunity to buy clothes, hats and accessories after the Show

Tickets: £20.00

Cheques to be made payable to "United Synagogue"

Reservations must be made in advance.

Contact:- Marianne Temple

Tel: 020 8933 5645 : Email: esevents@btinternet.com

Ealing Synagogue, 15 Grange Road, Ealing London W5 5QN