



Times of Services

Friday 26 May
Rosh Chodesh Sivan
Shacharit: 8.20 am
Shabbat begins: 8.47 pm
Mincha/
Kabbalat Shabbat: 7.15 pm

Shabbat 27 May
Shacharit: 9.30 am
Shabbat ends: 10.04 pm

Sunday 28 May
Shacharit: 8.40 am

Friday 2 June
Shabbat begins: 8.55pm
Mincha/
Kabbalat Shabbat: 7.15 pm

Reading the Haftarah

If you would like to read Haftarah to mark a special event or just to make your personal contribution to the service, please contact Brian Robinson, who will be delighted to help with any preparation or revision.

Sponsoring an Event



If you are celebrating a **S i m c h a** commemorating a family Yahrzeit, or just feeling generous, please consider sponsoring a Shabbat morning Kiddush, Seudah or Sunday morning breakfast. Contact Joan Michaels: 020 8579 4261.

AJR—Meets the 1st Tuesday in every month at 2.00 pm. Contact Leslie Sommer: 020 8993 7574.

Israeli Dancing!



Tuesday evenings, 8.00 pm at Ealing United Synagogue, Grange Road. Sunday mornings, 10.30 am at Ealing Liberal Synagogue, Lynton Avenue. All welcome. Nominal charge of £1.00.

In the event of a bereavement, in the first instance please contact the Burial Office : 020 8950 7767. Rabbi Hershi Vogel: 07970 829758 Brian Robinson: 020 8567 6558

Ealing Synagogue

שבת שלום

Friday 26 May 2017/Shabbat 2 Sivan 5777
 Sidra: **Bamidbar**



SHAVUOT

WEDNESDAY 31 MAY AND THURSDAY 1 JUNE



The shul will be decorated on erev Shavuot, Tuesday 30 May. Donations of flowers and/or plants would be greatly appreciated.

TIMES OF SERVICES

Tuesday 30 May
Erev Shavuot:

Mincha/Maariv 7.30pm
Yom Tov begins 8.52pm

Wednesday 31 May
1st Day Yom Tov

Shacharit 9.30am

Communal Lunch after the service followed by Mincha

Thursday 2 May
2nd Day Yom Tov

Shacharit 9.30am
Yom Tov ends 10.12pm

WEDNESDAY 31 MAY 1ST DAY SHAVUOT—LUNCH

After the service on first day Yom Tov, everyone is invited to a Shavuot lunch. The cost will be the £12.50 per person (same as last year). For catering purposes, reservations must be made in advance. Please RSVP to Marianne Temple by Thursday 25 May at the latest. Cheques should be made payable to “United Synagogue” and sent to the synagogue office.

SHABBAT 3 JUNE

This Shabbat, Stephen Hirst will be giving a D’var Torah.

Ealing Synagogue,
 15 Grange Road, London W5 5QN
 Reg. Charity No. 242552
 Minister: Rabbi Hershi Vogel, BA Administrator: Carole Lateman
 Tel: 020 8579 4894; Fax: 020 8567 2348; Email: office@ealingsynagogue.org.uk
 Ealing Synagogue Newsletter: esnewsletter@btinternet.com
 Ealing Synagogue Website: www.ealingsynagogue.org.uk



JEWISH CARE

North West Synagogue Welfare Forum

Jewish Care & NW Synagogues

“Working together to support our communities”

Tuesday 20 June from 10am-12pm

2nd Floor Training Rooms, Amelie House,
Jewish Care, Maurice and Vivienne Wohl Campus,
221 Golders Green Road
London NW11 9DQ

RSVP by email to: communitysupportadminteam@jcare.org
or call Gordana or Murray on 020 8922 2531/2153

Aviva Preston led a tour to Ecuador which was featured in last week's Jewish Chronicle (see page 3 of the newsletter).

Her plans for the next 12 months include a return to Ecuador, an October tour to Japan (19th October – 1st November) and a January Costa Rica/Panama adventure and a possible return to Myanmar too.

Costa Rica and/or Panama potential dates in 2018 are 7th-21st January, 14th-28th January, 21st January – 4th February. or 28th February – 11th March - that's a week in Costa Rica followed by a week in Panama.

Ecuador and the Galapagos could be April May or June 2018 (Pesach finishes on the 7th April, and Shavuot is on the 20th/21st May.)

Myanmar is the most restricted weather wise, so that would be in December with a bit of Channukah with the Yangon community.

If you are interested in any of these trips, please contact Aviva asap.
ALP Tours: 0208 997 7083 or 0795 723 3551,
alptours@hotmail.co.uk

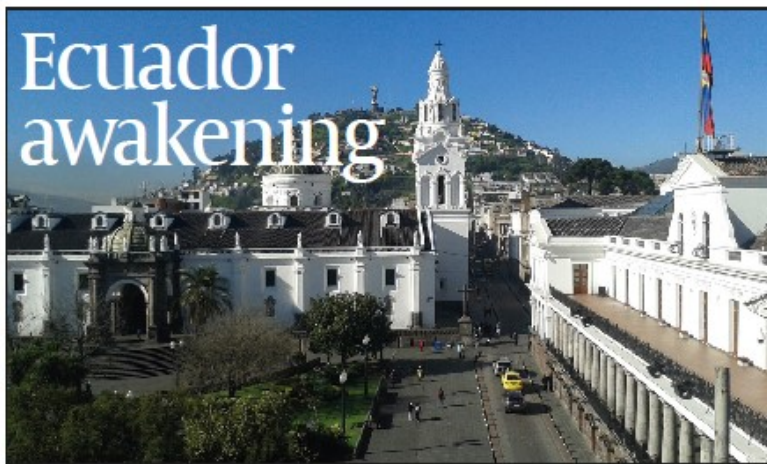
KOSHER TRAVEL

BY GLORIA DEUTSCH

AT THREE in the morning we were awakened by what sounded like gunshots outside our window. Had we arrived in Ecuador just in time for a South American revolution? The flight from Israel is via New York and the journey can take a day but we had finally settled into our very luxurious room in the Plaza del Grande, in Quito, the capital of Ecuador. The cause of our broken sleep turned out to be fireworks – the culmination of a local carnival and a dramatic welcome for us, on our tour of Ecuador and the Galapagos, the place where Darwin had his eureka moment.

If you are going to travel half-way across the world to places with unfamiliar names, you had better go with an experienced tour operator who knows what kosher-keeping travellers want – excellent food, a pleasant guide with good English, top accommodation and fascinating locations. We had chosen Aviva Preston of ALP Tours, who was making this trip for the fourth time.

According to Preston, Quito is the prettiest capital city in South America. On the drive from the airport through the valley in which the city lies, it is possible to catch the first glimpse of mountains and volcanoes on either side of the road. We also got to know our guide, Juan Carlos, a personable young man with perfect English who



Ecuador awakening

kept up a steady and fascinating commentary. The city lies 2,850m above sea level and 22km from the equator. It has a great spring climate and magnificent views all around. In 1978 Unesco named it a world heritage site because of its architectural treasures, including two magnificent cathedrals and many historic colonial buildings.

The highlight of any visit to Quito is the Middle of the World monument, at the official site of 0°0'0" latitude. Watch

water swirling in different directions on either side of the equator and have your photo taken with one foot in each hemisphere.

The two cathedrals, one with animals, one with gold leaf, are also landmarks in Quito. But for visiting Jews, the community centre is a must. An amazing complex with a beautiful synagogue and huge swimming pool decorated with a tiled Magen David, it was the place chosen for our barbecue

lunch, featuring mountains of grilled meat and salads.

A mashgiah travelled everywhere with us, providing full-time supervision, while the meat and chicken came from the Ecuador community or from Chabad.

Kosher bread is readily available locally but cheese and wine are brought in specially for ALP guests.

Our first meal, of creamy parsnip soup, fresh salmon with savoury rice, salad and crème caramel, set a high and memorable standard.

Another meal featured a beautiful lacquered box on the plate. When we opened it, the hors d'oeuvres were inside, a rice and salad mix.

All the places we stayed in were award-winning boutique hotels with top chefs. They set aside a private kitchen or kitchen area which was koshered

and their chefs adapted their gourmet dishes to kosher requirements, using our own equipment, crockery and cutlery and many of our own ingredients, brought along for the trip. The hotels also provided a separate dining room and dedicated serving staff.

Shabbat passed pleasantly enough with walks around the town and visits to local museums, punctuated with more good meals and self-conducted prayers.

After Shabbat we all climbed into a chiva, a colourful rustic bus without windows, to be driven around the town. On the roof was a live band, playing very loud folk music and the locals waved to us as we rattled around the streets of the old city.

On Sunday we drove to the Papalacta Hot Springs in the Andean moorlands and bathed in hot thermal pools, a relaxing preparation for the next day hiking through the Amazonian jungle, which we reached by canoe.

A local guide pointed out animals

and tropical birds in a rescue centre as we passed. There were toucans, tapirs and monkeys, all recuperating before being released back into the wild.

Lunch was trout baked in foil with rice, grilled tomatoes and a dessert of fruit salad.

We visited a local family in their straw-and-palm-roof hut and tasted home-made chicha, an Inca drink made from maize (we supervised the making ourselves). A few intrepid souls even tried their hand (or rather breath) at blowgun target-shooting.

The next few days were spent visiting waterfalls and dormant volcanoes, until we arrived at the Devil's Nose Railway, one of the great railway engineering feats of the late 19th century. The Devil's Nose is a mountain with almost perpendicular walls. To surmount this, a zigzag railway was built that climbs more than 500m in less than 12 km with steep ascents and descents. Awe-inspiring.

Our second Shabbat was in Cuenca, another Unesco site and a charming city with cobbled streets and stunning architecture.

Finally it was time to visit the Galapagos, via the city of Guayaquil, where we stopped twice at the Israeli-owned kosher grill and enjoyed some home cooking. The more intrepid travellers climbed 450 steps to see the view, while the less able stayed in town and enjoyed the sights in yet another Unesco world heritage site.

For touring the Galapagos Islands we boarded the Legend, a well-equipped and comfortable cruise ship. It anchors off-shore, so to reach the islands requires Zodiac boats. Getting in and out of these proved challenging for the less nimble.

For the next three days we walked, across wet sand and slippery rocks, seeing the most amazing wildlife – an animal-lover's dream. Giant tortoises, seals, iguanas, blue-footed boobies, flamingos and even a glimpse of the frigate

birds which steal food from other birds in flight. At the end of the day it was blissful to sit on the beach and let the crystal waters wash over tired feet and then to return to our comfortable hotel to enjoy the gourmet food served.

On board ship, kosher passengers have a separate area and dining room too and dedicated chef. Kosher ingredients are taken on board specially in sealed packaging.

The entire trip left me with unforgettable memories, as well as a strong desire to return one day – the true test of a great holiday.

Gloria Deutsch travelled with ALP Tours. Forthcoming ALP destinations include Japan (October 19 to November 1, £5,950 per person sharing); Myanmar and Costa Rica/Panama and a return to Ecuador. Contact Aviva Preston at ALP Tours: 0208 997 7083 or 0795 723 3551, alptours@hotmail.co.uk

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www.kosherbookings.com



Brown pelican rocks up in the Galapagos. Above left: Quito as seen from the hotel

